***“Dedicated to keeping pilots healthy and flying safely”***

**Aviation Medical Services of Alaska**

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**FAA Specifications for Migraines and Chronic Headache**

Please provide a current status report (clinical summary) regarding the history of migraines for your patient. This report should include the following, along with any separate additional testing:

* statement regarding the frequency of headaches and/or other associated symptoms
* characteristics of the headaches (severity, speed of onset, auras, triggering events, etc)
* name and dosage of medications(s) used for treatment and/or prevention with comments regarding side-effects

Please note if:

* frequency and/or other symptoms increase
* use of medications such as narcotics, tramadol, tricyclic medications, neurontin (all which are disqualifying) etc.

Please do not hesitate to contact our office if you have any questions regarding this request.

Thank you.