

“Dedicated to keeping pilots healthy and flying safely”

Aviation Medical Services of Alaska

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FAA Specifications for Hypertension Treatment

Please provide a current status report (clinical summary) regarding the history of Hepatitis C for your patient. This report should include the following, along with any separate additional testing:

To determine a pilot's eligibility while taking blood pressure medications, the FAA requires a current status report from the treating physician. If this report includes all the following requirements, then the AME may issue the certificate.

The treating physician determines that the condition is stable and the pilot has been on current medication regimen for at least two weeks and no changes are recommended.

- The pilot has no symptoms as a result of hypertension.
- The pilot has no side effects of the medication(s).
- Blood pressure is less than or equal to 155 systolic and 95 diastolic. Although 155/95 is acceptable for certification, the airman should be referred to their primary care provider for further management if the blood pressure is above clinical practice standards.
- Acceptable medications are combinations of up to three of the following:
 - Alpha blockers
 - Beta-blockers
 - Ace inhibitors
 - Calcium channel blockers
 - Angiotensin II receptor antagonists
 - Diuretics

NOTE: Centrally acting anti- hypertensive agents are NOT allowed

Please do not hesitate to contact our office if you have any questions regarding this request.

Thank you.

